

2018-19

# Pathway Club Information Pack

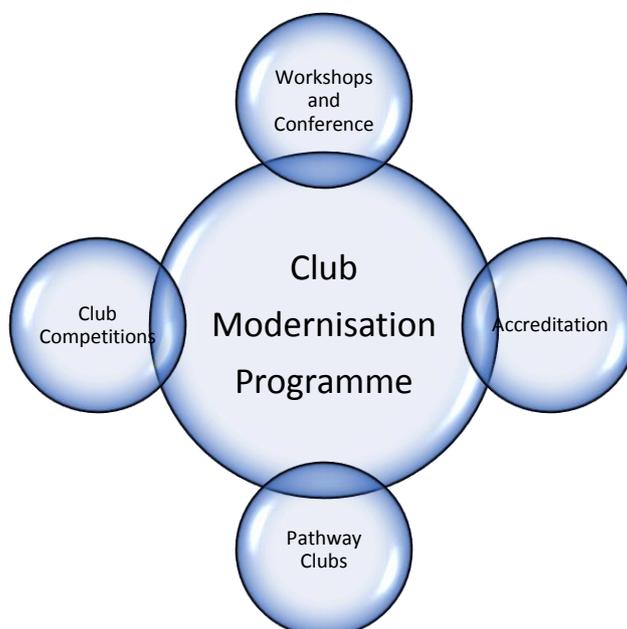


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## Introduction

The Pathway Club Programme sits as part of the Club Modernisation programme within Badminton in Scotland, as shown in the diagram below.



The Pathway Club Programme aim is to support young players by providing them with a sound technical, tactical and physical base within their own club environment.

Pathway Clubs have been selected by a process of application and selection and will provide young players aged 7 – 12 years of age with structured weekly coaching sessions that equip the players with the key skills and competencies required to be a successful badminton player. Clubs will provide a positive, caring environment where young children are keen to be involved in our sport.

This programme will:

- Maximise the number of children training locally, allowing the base of those participating at a young age to expand
- Create a national programme allowing children from areas out with the central belt to participate
- Strengthen the club and coaching infrastructure through mentoring and ongoing support through regional staff.
- Provide a more inclusive approach
- Provide a long-term player pathway encouraging lifelong participation in the sport
- Increase tournament entries
- Create a stronger pathway

## The Programme Aims

Successful badminton nations from all over the world have strong club structures and support their clubs to assist in the process of producing world class players. Scottish clubs have an important role to play in the development of junior players and through this programme, Badminton Scotland will support our clubs to provide our junior players with the necessary infrastructure to be successful.

From a club perspective it will ultimately:

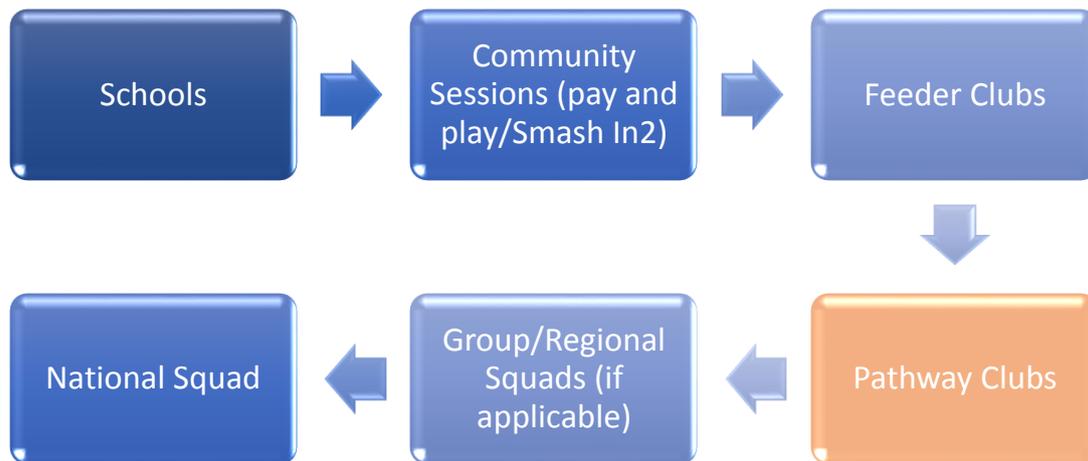
- Deepen the understanding of key concepts involved in providing a structured training programme
- Strengthen core knowledge of training techniques and how to apply them
- Develop knowledge of local, regional and national tournaments
- Create and implement a dynamic and deliverable training plan to help further develop players
- Help to learn collaboratively with like-minded clubs at similar stages of development
- Provide training and development opportunities for club coaches and aspiring club coaches

## Criterion: Clubs who are selected as pathways clubs have:

- Commitment from the full club committee to the programme
- Clear club vision for next 3years + (template available)
- Commitment to providing players from 7-12 years + with 2-4 hours of training on a weekly basis
- a minimum of level 1+ coaching support (and/or be working towards Level 2)
- Agreement that a ratio of 6 players to one court be introduced and sessions should be structured (not games based sessions)
- Commitment to supporting/encouraging young players to compete in events appropriate to their age and level
- Willingness to share learning and experience with other like-minded clubs
- Have or be working towards a minimum of Silver level Shuttlemark accreditation

## How pathway clubs will fit within the pathway

In some regions there will already be a pathway model in place whereby clubs feed players into regional/group squads. In some areas, this may not be available. The Pathway Club model will integrate with any existing Group structures and the intention is for clubs and Groups to work collaboratively in the best interests of the players, and ultimately the sport, to provide effective opportunities for player development. This model will increase the number of players and support the development of players and coaches feeding into local, regional and national structures.



### Participating Clubs will Receive:

- Invitations to centralised coach workshops
- 2 annual visits from National Squad coach
- Free access for club coach to attend a regional CPD workshop (or £50 subsidy for Level 1+ coach to progress to Level 2)
- Coach mentoring programme for club coach
- Pathway Club Coach T-shirt

### The Programme Outline Overview

- September: Key club personnel and club coach attend information day
- September: Club coach is linked with national coach mentor
- Ongoing Year 1: Club Coach continues on mentoring programme for 1 year
- November 2018: National Coach Club visit 1
- March 2019: National Coach Club Visit 2
- Ongoing Year 1: Key club committee members work within committee and with Regional Development member of staff (or Coaching and Development Manager) to achieve Silver Level Club Accreditation
- May 2019: Pathway Club Review

### Information Session and Coach Workshop Details

Pathway Club coaches and key club members will be invited to an information day/coach workshop on the 8<sup>th</sup> of September at Bell's Sports Centre in Perth. **STILL TO BE CONFIRMED.**

*Information Session:*

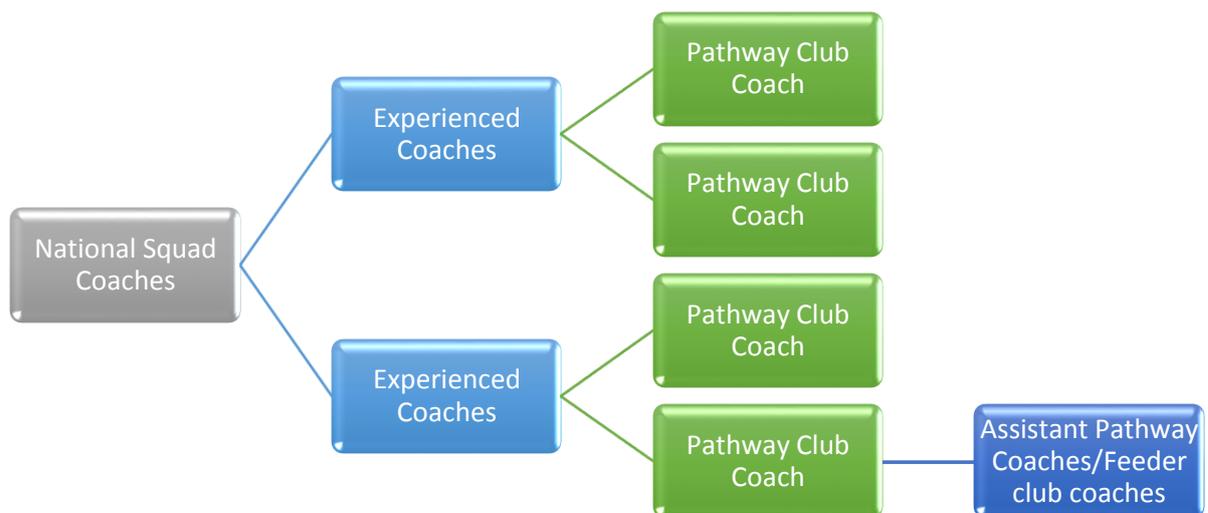
11.00am – 12.00am

*Coach Workshop Session:*

12.30pm – 3.30pm

## Coach Mentoring Programme

The lead coach at pathway clubs will be part of the Pathway Club Mentoring Programme (some clubs selected as pathway clubs will already have a coach operating at 'experienced coach' level and therefore may not require to be part of the mentoring programme). In this instance, club coaches will be communicated with directly from national squad coaches. The structure for the mentoring programme will allow for the club coach to filter information and knowledge to developing coaches from within the pathway club, as shown in the diagram below.



The mentoring programme aims to:

- Develop coaches who can deliver the content to players, in line with national level selection guidelines (Golden Thread)
- Provide coaches with a deeper understanding of the key concepts involved in providing a structured training programme
- Strengthen coaches knowledge of training techniques and how to apply them
- Provide opportunities for a shared learning experience with other coaches

## Example Mentoring Programme

- Pathway Coach will attend one (or 2) centralised workshop per year with National Coaches delivering content (coaches and mentors attend) (based in Perth)
- Action Plan devised from workshop with mentor and coach, tailored to individual needs of the coach.
- At least 3 observed coaching delivery sessions with feedback (one at the start of the programme, one 6 months into the programme. This can be in person, via recorded session or via video link). Feedback given from mentor and added to action plan
- At least 3 meetings throughout the year to check progress (this can be online meetings, face to face meetings or telephone meetings)

- Programme Report and outcome sheet to be completed by mentor and coach after 1 year
- The mentoring programme will be 1 year in duration

## **Review**

Pathway clubs will be reviewed annually to ensure that the standards and club criteria are being met. If clubs are not following the set criteria to be a pathway club, then they may be removed from the programme.

There is only a set number of places in Year 1 for pathway clubs. This does not mean that other aspiring clubs cannot become pathway clubs as more clubs will be added to the programme annually, if they meet the club criteria.

## **Support Contact**

If you would like to discuss the programme at any point, please contact the Coaching and Development Manager on 0141 445 1218