



SQUAD SELECTION

Senior National Squad

Updated April 2021

Performance Pathway Goals

| | |
|-----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Culture Goal | Athlete contributes to the Badminton Scotland Performance Culture in all relevant areas that positively reflect on the individual, the team and Badminton Scotland. |
| Outcome Goal | To produce athletes capable of consistently competing at a world class level. This includes achieving identified targets in relation to the GB Performance Programme and medals at Commonwealth Games. |
| Programme Goal | Providing athletes with access to (a) a performance pathway; and (b) the opportunity to participate in high quality sessions, with increased levels of competition. |
| Pathway Goal | Athletes should be affiliated and attending Pathway Clubs in areas where Pathway Clubs are present. |
| Squad Selection | <ul style="list-style-type: none">• Please note “Performance Results” serve as a guideline for selection into our squads.• Coaches in conjunction with the Head Coach and/or the National Junior Performance Network Manager can nominate and move athletes into and within the Performance Programme on the basis that the athlete demonstrates the ability to meet performance and training criteria/goals, displays the appropriate "Performance Behaviours" and commits the appropriate number of hours to the sport.• Athletes that do not achieve and/or demonstrate these aspects in the opinion of the coaching teams can be de-selected. |

Decision Making Process

Coaches will consider the following factors:



Player's abilities

Performance Culture
and Behaviour

Training and Tournament
Commitment

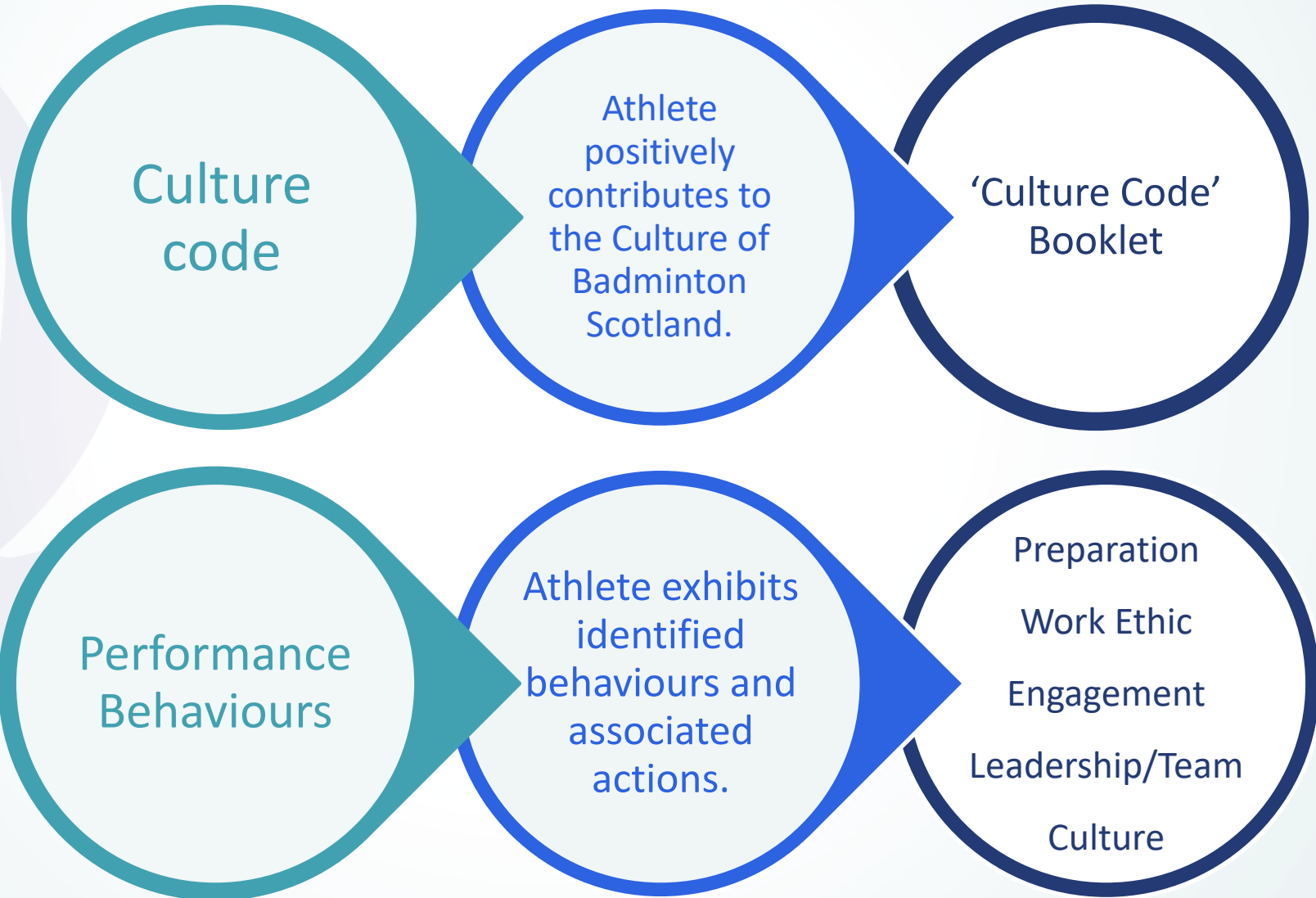
Training and Tournament
Performance

Player's Abilities



| | Technical | Tactical | Physical | Mental |
|-----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Base skills | <p>Technical proficiency in core strokes and movement skills:</p> <ul style="list-style-type: none"> • Stroke quality • Footwork speed and efficiency • Movement rhythm etc. | <ul style="list-style-type: none"> • Increased perception of Opponent, Personal & Spatial Awareness • Ability to identify and implement tactical plans • Ability to identify and implement tactical solutions | <ul style="list-style-type: none"> • Functional movement e.g. running, jumping, hopping, skipping etc. • Mobility • Stability • Flexibility • Fast feet • Racket head speed • On-court speed endurance | <ul style="list-style-type: none"> • Body language • Self talk • Emotional regulation • Dealing with adversity • Thinking Clearly Under Pressure (T.C.U.P) |
| Potential to advance skills | <ul style="list-style-type: none"> • Ability to repeatedly execute all technical skills to a world class level under pressure e.g. fatigue, opponent pressure, different training/competition environments etc. | <ul style="list-style-type: none"> • Develop own game plan based on personal strengths • Ability to repeatedly identify and implement tactical plans and solutions under pressure. • Ability to adapt style to compete against different opponents, different training/competition environments etc. | <ul style="list-style-type: none"> • Ability to use physical skills efficiently and effectively in a training/match situation. • Ability to repeatedly execute all physical movements to a world class level under pressure e.g. fatigue, opponent pressure, different training/competition environments etc. | <ul style="list-style-type: none"> • Ability to use skills under pressure e.g. uncomfortable and unforeseeable situations etc. |

Performance Culture and Behaviour



Senior National Squad (SNS) – Training and Tournament Commitment



| Athlete Category | On-court Training | Off-court Training | No. of Tournaments (Minimum) | Tournament Grade | Tournament Funding | Subsistence Funding |
|-------------------------|---------------------|---------------------|------------------------------|-------------------------|--------------------|---------------------|
| CG Medal Potential | Full-Time Programme | Full-Time Programme | 12+ | International | ✓ | ✓ |
| Future Medal Potential | | | 10+ | A Grade + International | | |
| Senior National Athlete | | | | | | |
| Progression Athlete | | | 9+ | ✗ | ✗ | |

SNS – Training and Tournament Performance



| Athlete Category | Performance Results* | | Age Group | Tournament Goal | Training Goal |
|------------------------|------------------------|-----------------------|-----------|---------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|
| | Achieve minimum of 2** | | | | |
| | Singles | Doubles | | | |
| CG Medal Potential | BWF WR top 40 | BWF WR top 30 | Any Age | To help BadScot to achieve agreed outcome goals by e.g. medaling at CG and European Championships | Athlete sets standards in areas of performance, training culture and high performance mindset. |
| | QF BWF Tour Super 100 | SF BWF Tour Super 100 | | | |
| | RU Int Challenge | W Int Challenge | | | |
| Future Medal Potential | BWF WR top 65 | BWF WR top 50 | | To achieve the next phase in Badminton Scotland's Pathway | |
| | R16 BWF Tour Super 100 | QF BWF Tour Super 100 | | | |
| | SF Int Challenge | SF Int Challenge | | | |
| | W Int Series | W Int Series | | | |

*Performance Results attained in competitions with weakened fields and/or insufficient numbers e.g. athletes 1st match automatically achieves criteria without competing will not be considered.

** Minimum of 1 Performance Result should be achieved in European competition

SNS – Training and Tournament Performance cont.



| Athlete Category | Performance Results* | | Age Group | Tournament Goal | Training Goal | | |
|-------------------------|-----------------------------------|-----------------------------------|-----------|-----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| | Achieve minimum of 2** | | | | | | |
| | Singles | Doubles | | | | | |
| Senior National Athlete | BWF WR top 120 | BWF WR top 100 | Up to 25 | Athlete aims to achieve the next phase in Badminton Scotland's Performance Pathway by the identified age. | Athlete meets required standards in areas of performance, training culture and high-performance mindset. | | |
| | RU Senior National Championships. | W Senior National Championships. | | | | | |
| | SF Int Series. | QF Int Challenge. | | | | | |
| | W Int Future Series. | RU Int Series. | | | | | |
| Progression Athlete | SF Senior National Championships. | RU Senior National Championships. | Up to 22 | | | Athlete aims to achieve the next phase in Badminton Scotland's Performance Pathway by the identified age. | Athlete meets required standards in areas of performance, training culture and high-performance mindset. |
| | W Senior A Grade. | W 2 x Senior A Grade | | | | | |
| | R16 Int Series. | QF Int Series. | | | | | |
| | QF Int Future Series. | SF Int Future Series. | | | | | |
| | U19 R16 World Junior | U19 R16 World Junior | | | | | |
| | U19 SF European Junior | U19 SF European Junior | | | | | |

*Performance Results attained in competitions with weakened fields and/or insufficient numbers e.g. athletes 1st match automatically achieves criteria without competing will not be considered.

** Minimum of 1 Performance Result should be achieved in European competition