



## Lothian and Borders – August 2023

In August, the holiday season was in full swing, including the Edinburgh Fringe festival. While most clubs and school are off during this time, I took a break to enjoy a week off with my family.

## However, I still had some badminton activities on the go:

- I visited Livingston Badminton Club where the members enjoyed a coaching session I ran to give tips and then we played some games.
- We delivered a Badminton Basics Course for Edinburgh Leisure, 14 candidates successfully completed this course.
- I ran a girls only badminton class.
- My visit to the Lothian RPS session was very interesting and seeing how the players are developing is fantastic.
- On 29th of August we will have the first Borders club meeting, the invitation from Badminton Scotland CEO Keith Russell.

## Other items of note:

- It was great to be able to help the Lothian RPS to find the sports hall and promote the Lothian RPS trial.
- Arranging coaching courses, Badminton Basic Course and UKCC Level 1.
- CPD training in Borders in the diary September.
- I have also been promoting the "Learn to Play" program, Edinburgh Leisure and West Lothian Leisure are going to have the "Learn to Play" program for kids in their leisure centre.

## Upcoming dates for your diary in September:

- 16<sup>th</sup> September. Livindians Charity Badminton Tournament at Xcite Criagswood. Contact info: 07707331210 or 07488287424
- 17<sup>th</sup> September. Borders Group junior and adult open day coaching at Earlston High School Contact: Gordon McClean, gordonmclean77@gmail.com
- 23<sup>rd</sup> September. Disability Badminton 'Come and Try' EAST Event at Heriot Watt University. Booking link: <u>https://bit.ly/450Lf8m</u>
- 24th September. Level Doubles Ladders Competition at St. George's School Edinburgh
- Intermediate Level booking link: https://shorturl.at/bfRT4
- Advanced Level booking link:

https://shorturl.at/uFLX9

 24th September, UKCC Level 1 at Earlston High School. Booking Link: <u>https://shorturl.at/fuJN8</u>



