

Coaching CPD Workshops

Badminton Scotland is now offering our Coaches an extensive range of CPD courses, please see below for more information and visit our new CPD bookings website to see dates and book your place: badmintonscotland.azolve.com/EventBrowser.htm. If you would like to be placed on the waiting list for a future course please email lynn@badmintonscotland.org.uk

Course Title

Refining Your Overhead Backhand Technique & Developing Backhand Technique

Multi Skills for badminton

Improving Movement

How to Coach Complete Beginners

Feeding Skills

Improving your hitting

Course Info

To develop coaches understanding of the mechanics of overhead backhand hitting and apply to their own practical demonstration. To develop strategies that enable coaches to improve overhead backhand hitting in their players.

To allow participants to understand what multi-skills are and how skills learned in other sports can be adapted into badminton games/practices.

To improve the technical accuracy of practical movement demonstrations, including the preparation, execution and recovery linked to playing shots in the forecourt, mid court and the rear court.

To make coaches aware how it feels to be a beginner, to consider ways to provide an environment to support this and to provide practical ideas and key areas upon which to focus activity.

To develop an understanding of the importance of quality feeding practices and to develop overarm, underarm and racket feeding further.

To improve the technical accuracy of practical hitting demonstrations

Developing slice and spin	To introduce coaches to the technical and tactical aspects of spinning the shuttle in the forecourt (FC) and slicing the shuttle in the rearcourt (RC).
Developing overhead hitting deception	To develop coaches knowledge and awareness of the tactical implications of employing deception when hitting overhead. To develop strategies that enable coaches to improve deception overhead in their players.
Developing tactical practices for singles	This 3 hour workshop aims to educate coaches on the tactics involved in singles badminton. This workshop is aimed at coaches at Level 1, Level 1+ or Level 2 but is open to any coach.
Developing tactical practices for doubles	This 3 hour workshop aims to educate coaches on the tactics involved in doubles badminton, both mixed and level doubles. This workshop is aimed at coaches at Level 1, Level 1+ or Level 2 but is open to any coach.
Disability Badminton (Inclusive Badminton)	This workshop is designed to build on the knowledge you have gained through the Level 1 / 2 coach awards and previous coaching experience. It will also show that coaching disabled people challenges us in the same way as all other types of coaching and that by using common sense and sound 'good coaching practice' as learned in Level 1 and 2, you will have all the tools necessary to work successfully in this field.