# Regional Development Officers (RDOs)

Promoting, organising and growing badminton in Scotland.



## **Lothian and Borders – October 2023**

October had some big events happening.

### Scottish Open:

West Lothian coaching academy accepted the offer from Badminton Scotland for 17 young leaders to deliver Big Hit festivals at the Scottish Open over two days. It was such valuable experience for young leaders who will continue use their badminton leadership in the West Lothian area.



West Lothian Young Leaders at the Scottish Open.

## Scottish Women & Girls in Sport Week

Badminton Scotland worked in partnership with Scottish Sport Futures and hosted the female only sport event at Meadowbank. Badminton was one of the sports delivered at this event. For Women & Girls in sport week I held a doubles coaching session with the theme of inclusion at Scottish Open.



Women & Girls week event with SSF. Women's coaching session at the Scottish Open.

#### **Edinburgh University PE students CPD**

Edinburgh University PE program continue to use Badminton Scotland primary school and secondary school programme. Jane Russell and I delivered this CPD course with over 40 PE students. Those students will go to different school in November, badminton will be one of sport they would focus on in their schools.



Edinburgh University PE students CPD

#### **Tournament – Borders and Lothian**

The first team event of this season was held at Earlston High School. Four teams competed at this event.



East of Scotland U15 & U19 Junior Championship, congratulations to all the winners and well done to everyone who participated in this tournament. A special thanks to all the volunteers from the Lothian Badminton Group. Unfortunately, I was in Spain on my annual leave and missed this event.



East of Scotland Championship U15 & U19

If you want to know of upcoming activity in your area, or advice/help organising an upcoming event. Please get in touch via rita@badmintonscotland.org.uk